### **Original Research Article**

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# Knowledge regarding prevention of child abuse among parents at selected rural area of Western Rajasthan

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#### **ABSTRACT**

**Background:** Child abuse is a kind of domestic violence that involves all forms of physical, emotional and sexual maltreatment and negligence of children under the age of 18 years which potentially or actually damages all aspects of their health. Child abuse is a global problem with serious lifelong consequences. In India the child abuse has not received enough attention. There have been few and irregular efforts to understand and address the problem. Aim was to assess the level of knowledge regarding prevention of child abuse among parents.

**Methods:** Descriptive Survey design was used. The study population comprised of parents of children less than 18 years of age. A sample of 60 parents were selected by non-probability purposive sampling technique. A self-structured questionnaire was used to assess the knowledge regarding child abuse among parents. Informed consent was taken from each participant prior to data collection and descriptive and inferential statistics were used to analyse the data.

**Results:** Majority of parents 60% had poor or fair level of knowledge, 39% had good knowledge whereas only 1.6% had excellent knowledge. There was a significant association between knowledge and age of mother at 0.02 level of significance.

**Conclusions:** The finding of the study concluded that the knowledge regarding child abuse among parents was inadequate. Considering this aspects further awareness drives can be conducted to make the people alert about child abuse and its prevention.

Keywords: Child abuse, Maltreatment, Negligence

#### INTRODUCTION

Child abuse is a kind of domestic violence that involves all forms of physical, emotional and sexual maltreatment and negligence of children under the age of 18 which potentially or actually damages all aspects of their health. There are some children who may be unaware that they are victims of child abuse. The prevalence of sexual and physical child abuse has respectively been estimated to be about 4 per 1000, 3 per 1000 cases. Crime against children in India has increased by 11% between 2015 and 2016. According to latest data released by NCRB

(National Crime Record Bureau) the total number of crime against children reported in 2016 was 106958, while 94172 crimes were recorded in 2015.<sup>2</sup> According to WHO (2014) about 80 percent of the abuse cases involve at least one parent as a perpetrator. More than 1500 children die annually because of the abuse and neglect; about 70 percent of them are under two years of age.<sup>3</sup>

In Rajasthan, the home department stated that a total of 5913 cases of rape, sexual harassment and murder were registered under the POSCO Act between January 2015 and December 2017. Alwar reported most rape cases (85)

followed by Udaipur (75), and Jaipur rural (65). Barmer had the most murder cases at 6. Sriganganagar had the highest number of sexual harassment cases at 39. Hanumangarh, Sriganganagar and Jodhpur reported 3 cases of murder.<sup>4</sup> Shocking report revealed that in Rajasthan a minimum of one child is sexually harassed daily. Sexual crimes against children are on a steady rise in Rajasthan in July 2016, with over 250 cases reported in the first six months. In the last three years, 56 cases of sexual violence against girl's by teachers in schools have been registered in the state in April 2017.<sup>5</sup>

Today, preventing child abuse is proposed as a health priority in different countries owing to its widespread risk factors and profound effects it exerts on the growth and development of children, families and society. Different factors are associated with this phenomenon, including drug use, the psychological status and the education level of parents, family conflicts, residential area (rural and suburban versus urban settlement), knowledge deficits associated with child growth and development, as well as attitudes towards education. Parents normally tend to be perfect and are concerned about their child development; however, they sometimes give themselves the right to punish their children in whatever manner they prefer and cause the most common type of domestic violence, i.e. child abuse.<sup>6</sup>

#### **METHODS**

A descriptive survey research was conducted at Dhawa, Jodhpur. Dhawa is a small village with a population of 4988 and is 40 km away from Jodhpur. The study population comprised of parents of children under 18 years of age. A sample of 60 parents were selected by non-probability purposive sampling technique. The sample size of this study was calculated as 60, by using pilot study 4% good knowledge on child abuse, with 95% set interval and 5% confidence interval. Parents of children (0-18) years who are willing to participate, able to understand Hindi and available at the time of data collection were included.

The data collection procedure was carried out in the month of March to April 2019. Data were collected by an interview technique. A self-structured questionnaire was used to assess the knowledge regarding prevention of child abuse. The self-structured tool which was used in the study comprised of two parts. Part 1 consisted of 11 items regarding age of parents, education qualification of parents, occupation of parents, monthly income, type of family, religion etc. Part 2 consisted of 35 items to assess the knowledge regarding prevention of child abuse. One mark was given for each correct answer and zero for each incorrect or the unanswered item. Scores of knowledge were categorized into 3 levels: excellent, good, fair, and poor. Out of a total score of 35, a score greater than 70% considered as excellent knowledge, 51-70% considered as good knowledge, 40-50% considered as fair knowledge, <40% considered as poor knowledge.

The descriptive as well as inferential statistics were used to achieve the objectives of the study. Demographic data were analyzed in terms of frequencies and percentages. Chi square test was used to find the association between socio demographic variable and health seeking behavior. The reliability for the self-structured tool was found to be 0.72 (acceptability range was 0.70 to 1).

#### **RESULTS**

The data was collected from sixty residents by using self-structured tool that consisted of personal variables and knowledge questionnaire to assess the knowledge regarding prevention of child abuse among parents at selected rural area of Jodhpur Dhawa. Data was tabulated and summarized in micro excel sheets. Data was analyzed and interpreted by using descriptive and inferential statistics. Significance was checked at p value <0.05.

Table 1 represent the frequency and percentage distribution of parents by age, gender, religion, occupation, qualification, monthly income and source of information.

Table 1: Frequency distribution of personal variables (n=60).

Personal variables	Frequency	Percentage
Age of father (n=57)		
21-40 years	30	50
>40 years	27	45
Age of mother (n=60)		
21-40 years	54	90
>40 years	6	10
Education qualification of father		
No formal education	30	50
Primary	26	43.3
Higher secondary	1	1.6
Education qualification of mother		
No formal education	51	85
Primary	8	13.3
Secondary	1	1.6

Continued.

Personal variables	Frequency	Percentage	
Occupation of father (n=57)			
Farmer	44	73.3	
Salaried	4	6.6	
Self employed	9	15	
Occupation of mother			
Farmer	59	98.3	
Salaried	1	1.6	
Monthly income			
10000	50	83.3	
10001 to 20000	9	15	
20001 to 30000	1	1.6	
Type of family			
Nuclear	39	65	
Joint	21	35	
Religion		•	
Hindu	57	95	
Muslim	3	5	
No of child/ children in family			
1-2	5	8.3	
3-4	45	75	
>4	10	16.6	
Children living with			
Parents	52	86.6	
Single parent	8	13.3	
Sources of information			
Mass media	47	78.3	
Television	10	16.6	
Friends/relatives	3	5	

Table 2: Level of knowledge, mean score and standard deviation (n=60).

Level of knowledge	Frequency	Percentage	Mean	SD
Poor	16	26.6		
Good	20	33.3	16.07	2.50
Fair	23	39	10.07	3.52
Excellent	1	1.66		

Table 3: Association between level of knowledge and selected demographic variables (n=60).

Personal variables		Level of knowledge				df	Chi aguana	Dualua
		Excellent	Good	Fair	Poor	ar	Chi-square	P value
Age of father	21-40 years	0	13	11	6	3	2.762	0.40
	>40 years (51-60)	1	8	9	9			
A go of mother	21-40 years	0	19	20	15	3	8.636	0.02*
Age of mother	Above 40 years	1	4	0	1			
Education of the father	No formal education	1	13	9	7	6	6.079	0.68
	Primary	0	8	10	8			
	Higher secondary	0	0	1	0			
Education of the mother	No formal	1	17	17	16	6	8.691	0.26
	Primary	0	5	3	0			
	Higher secondary	0	1	0	0			
Occupation of the father	Farmer	0	15	16	13	6	9.159	0.14
	Salaried	1	2	0	1			
	Self employed	0	4	4	1			
Occupation of the mother	Farmer	1	22	20	16	3	3.928	1.00
	Salaried	0	1	0	0			

Continued.

Personal variables		Level of knowledge			4e	Chi-	P	
		Excellent	Good	Fair	Poor	df	square	value
Monthly income	<10000	1	19	15	15	6	6.33	0.58
	10001-20000	0	4	4	1			
	20001-30000	0	0	1	0			
Type of family	Nuclear	1	15	10	13	3	4.23	0.22
	Joint	0	8	10	3			•
Number of children	1-2	0	1	3	1	6	3.90	1
	3-4	1	19	13	12	-		
	>4		3	4	3			

Note: \* The Chi-square statistic is significant at the 0.05 level.

Table 1 depicts that the majority of parents belongs to age group 21 to 40 years (50% of fathers and 90% of mothers), have no formal education (50% of fathers and 85% of mothers), are farmers (73%) father and 98% mothers), (83.3%) earn 10,000 as monthly salary, have nuclear type of family (65%), belongs to Hindu religion (95%), having 3-4 children (75%), living with their parents (86%). Major source of information is mass media.

Table 2 shows mean knowledge score and standard deviation. Mean knowledge score was found to be 16.07 and standard deviation was 3.52.

Table 2 showed that only 1.66% parents had excellent level of knowledge, 39% had good knowledge and 60% had poor or fair level of knowledge regarding prevention of child abuse.

Table 3 shows association between level of knowledge and selected demographic variables. It depicts that there is association between the age of mother and level of knowledge.

#### **DISCUSSION**

The present study findings revealed that only 1.66% of them having excellent knowledge, 39% of them having good knowledge, 33.3% of them having fair knowledge and 26.6% of them having poor level of knowledge. Similarly, Gurung et al conducted a study on knowledge of child abuse among parents in Kathmandu, Nepal. The findings were 50.5% had good knowledge, 48.4% had average knowledge and only 1% had poor knowledge. Singh et al, conducted a study on knowledge regarding child abuse in selected residential areas of Delhi NCR on 100 mothers and children of age 1-14 years. The results showed that most of the mothers 60% had good level of knowledge, 37% of them had average knowledge and only 3% of mothers had poor level of knowledge.

Devi et al study stated no association between knowledge score when compared to age, sex, occupation, religion, socio-economic status, parental status, previous source of knowledge expect education status. It reveals that maximum demographic variables of the parents do not affected level of knowledge expect education status. Paral et al, who conducted a study on prevalence and determinants of child abuse among school going girls in Delhi. The result showed that education level of father was significant associated with the level of knowledge regarding prevention of child abuse  $\chi^2 = 2.578$ , p=0.001. Statistically significant association found between the level of knowledge with education of mothers and family monthly income at p<0.05 level of significance. However, in the present study findings revealed that there is a significant association between knowledge regarding prevention child abuse and age of mother ( $\chi^2 = 8.636$ , p=0.02).

The present study is limited with a single rural setting and most informants were mothers. This study included a small sample of women; hence, the findings cannot necessarily be generalized.

#### **CONCLUSION**

The finding of the study concluded that the knowledge regarding child abuse among parents was inadequate. Considering this aspects further awareness drives can be conducted to make the people alert about child abuse and its prevention.

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